



Why choose NSF Certified for Sport® supplements?

More than twenty reasons why...

- > NSF International's Certified for Sport® program has official support and recognition from the MLB, MLBPA, NFL, NFLPA, PGA, LPGA, CPSDA, CCES and other anti-doping agencies and sports organizations.
- > **NSF tests for approximately 200 athletic banned substances from the WADA, NFL, and MLB prohibited substances lists.**
- > NSF's program is recognized globally and certified products can be found in United States, Canada, China, Japan and across Europe.
- > NSF is committed to the utmost safety and highest quality in supplements for every end consumer and carefully selects suitable partners with U.S based non-profit organizations like The Taylor Hooton Foundation and The Vitamin Angels.
- > NSF maintains close ties with regulatory bodies around the globe, ensuring it listens, learns and adapts its programs to accommodate important legislative changes that impact both manufacturers and consumers.
- > NSF is an active and committed member of a number of leading industry trade organizations that work toward improving and developing the positive side of the supplement industry. These include: UNPA, CRN, AHPA, ABC, GOED, ESSNA and IADSA.
- > NSF's test report is comprehensive based on absolute transparency, detailing each substance that was tested for, and the detection level in addition to final results.
- > NSF's banned substances testing is completed on a lot-by-lot basis and the manufacturer may not release product into the market until the final test report is released and determined negative for banned substances.
- > NSF is capable of constantly increasing the number of substances for which it tests with its full synthetic chemistry lab in Ann Arbor, Michigan, USA. In-house technical experts are able to research and uncover dangerous and controlled substances and analogues being spiked into dietary supplements and masked as "natural herbs or plants". Two known examples: DMAA (Jack3D) and DEPEA (Craze) – both now banned by the FDA.
- > NSF's analytical chemistry lab and Applied Research Center (the ARC) in Ann Arbor, Michigan, USA have been developed specifically for product testing, not bodily fluids testing. The onsite lab is adept at working with and developing the proper validated test methods for almost 15 years under DEA licensing and ISO 17025 Accreditation.
- > **NSF's product testing means that all products are tested each year for label claims, enabling athletes and other end consumers to know that what is on the label is in the bottle.** NSF's label claim testing program is the ONLY American National Standards Institute (ANSI)-Accredited Dietary Supplements Product Certification program that exists – NSF/ANSI Standard 173. In short, an independent party is examining NSF's level of quality while NSF monitors the industry's level of quality.



Certified for Sport®

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- > **Products are tested annually for contaminants like heavy metals, microorganisms, pesticides, PCBs/ Dioxin and rancidity for fish oils, etc.**
- > **Every manufacturing facility that produces NSF Certified for Sport® product must also be in the NSF GMP auditing program. NSF conducts these facility audits twice per year for compliance to the Federal Regulation 21CFR111 for Dietary Supplements Good Manufacturing Practices.**
- > NSF's program has a caffeine limit of 150 mg /serving, 300 mg/day.
- > NSF's program has limits on other specific ingredients also, which are reviewed by NSF's robust toxicology department and Chief Technical Officer.
- > Every product in the NSF program goes under a formulation, label, and marketing review prior to certification. Each review includes raw materials supplier, levels of ingredients and ingredients with known adulterants.
- > NSF conducts the formulation review three times per year for ongoing monitoring, including matching it up to the actual batch record at the production facility.
- > Sample selection for NSF Certified for Sport® products may include samples randomly chosen by NSF. The samples may come from distribution centers and store shelves/internet sites to ensure random selection and sufficient chain of custody.
- > NSF does not allow sexual enhancement or weight loss products into its program.
- > NSF does not allow products with claims like "anabolic," "testosterone booster," "thermogenic fat burner," and others into its program.
- > **NSF has a dedicated team for NSF Mark enforcement to ensure that companies are not misusing the NSF Mark or NSF verbiage on their product labels, falsely claiming that the products have been tested when they have not.**
- > NSF Certified for Sport® products can be easily accessed through the dedicated sport website www.nsf-sport.com. Our free Smartphone App is available for both iPhone and Android. The product lists and specific lot numbers tested are updated daily with search options that include company name, product name and nutrient type.

For further information contact CertifiedforSport@nsf.org or visit our website www.nsf-sport.com.



NSF Dietary Supplements

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